



# City of Emmonak

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## CITY OF EMMONAK

### TRAVEL ADVISORY DECLARATION

#### RESOLUTION 20-06

**WHEREAS:** Coronavirus Disease 2019 (COVID-19) is a respiratory disease that can result in serious illness or death and is caused by the SARS-Cov-2 virus, a new strain of the coronavirus that has not been previously identified in humans and is easily transmittable person to person; and

**WHEREAS:** on March 11, 2020, the World Health Organization (WHO) declared that the outbreak of COVID-19 was a global pandemic; and

**WHEREAS:** on March 13, 2020, the President of the United States declared a national emergency in response to the pandemic; and

**WHEREAS:** on March 11, 2020 the Governor for the State of Alaska declared a Public Health Disaster Emergency as a result of COVID-19; and

**WHEREAS:** on March 23<sup>rd</sup>, 2020, the City declared a Public Health Emergency related to COVID-19; and

**WHEREAS:** the WHO, the United States Government, and the Governor all advise that COVID-19 is highly contagious and presents a serious health risk to Americans, including severe illness and death; and

**WHEREAS:** on March 15, 2020, the State of Alaska issued a travel advisory (COVID-19 HEALTH Alert) asking all Alaskans returning from travel outside of Alaska to self-quarantine (stay at home) for 14 days upon their return home and monitor themselves for signs of COVID-19; and

**WHEREAS:** symptoms of COVID-19 include cough, fever, and/or difficulty breathing; and

**WHEREAS:** because of the City's remoteness and lack of a hospital, the City is at risk of a serious public health emergency if COVID-19 spreads in Emmonak; and

**WHEREAS:** travel allows the virus to spread from one community to another; and

**WHEREAS:** residents of Emmonak should stay home and quarantine themselves if they have any of these symptoms or have recently traveled outside of the State; and

**THEREFORE:** the Emmonak City Council advises all residents to follow the guidance issued by the State of Alaska regarding self-quarantine after travel and asks residents to restrict all non-essential or emergency travel in or out of Emmonak, including travel to neighboring communities, and limit visitors to Emmonak except in exigent circumstances, so that the spread of COVID-19 can be slowed.

PASSED AND APPROVED THIS 23<sup>rd</sup> DAY March 2020.

Wilbur Hootch

Wilbur Hootch, Mayor

SIGNED AND ATTESTED THIS 23<sup>rd</sup> DAY March 2020.

Lilly Westlock

Attest: Lilly Westlock, City Clerk

# PUBLIC NOTICE FROM CITY OF EMMONAK CORONAVIRUS (COVID – 19) PANDEMIC

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- COVID-19 IS A RESPIRATORY VIRUS THAT CAN RESULT IN SERIOUS ILLNESS OR DEATH. THE STATE OF ALASKA DECLARED A PUBLIC HEALTH EMERGENCY RELATED TO COVID-19.
- COVID-19 IS EASILY BE SPREAD FROM PERSON TO PERSON. SYMPTOMS INCLUDE COUGH, CONGESTION, AND FEVER. IF YOU HAVE THESE SYMPTOMS OR ARE EXPOSED TO THE VIRUS, STAY HOME.
- THE BEST WAY TO PREVENT INFECTION IS TO VIGOROUSLY WASH YOUR HANDS AND SANITIZE FREQUENTLY TOUCHED SURFACES.
- TO PREVENT THE SPREAD OF INFECTION, THE CITY IS CLOSING THE EMMONAK COMMUNITY COMPLEX TO MEETINGS AND PUBLIC GATHERINGS, INCLUDING BINGO AND PULL TAB OPERATIONS, UNTIL FURTHER NOTICE. THE WASHETERIA WILL REMAIN ON LIMITED HOURS TO ALLOW FOR ENHANCED CLEANING.
- PUBLIC MEETINGS OF MORE THAN 10 PEOPLE SHOULD BE CANCELLED AND RESIDENTS SHOULD PRACTICE SOCIAL DISTANCING AS DESCRIBED BY THE U.S. CDC TO PREVENT THE SPREAD OF THE VIRUS.
- FOLLOWING THE STATE’S GUIDANCE, ANYONE WHO RECENTLY TRAVELED OUTSIDE OF ALASKA IS ASKED TO REMAIN AT HOME AND SELF-QUARRANTINE FOR 14 DAYS. RESIDENTS ARE ASKED TO LIMIT ALL TRAVEL IN AND OUT OF EMMONAK TO SLOW THE SPREAD OF THE VIRUS.



# **\*\*COVID-19 HEALTH ALERT\*\***

Issued March 15, 2020

By: Dr. Anne Zink, Chief Medical Officer, State of Alaska

DHSS strongly advises that all Alaskans read and comply with the following guidance for returning travelers:

- 1. Higher Risk:** For travelers returning within 14 days from the time you left an area with *widespread, ongoing community spread* such as Europe, China and other countries (i.e., a [CDC Level 3 Travel Health Notice Area](#)) you should:
  - Stay home and avoid contact with other household members.
  - Contact your employer and do not go to work or school for this 14-day period after you return.
  - [CDC Level 3 Travel Health Notice Area](#)
    - China, Iran, South Korea, Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland, Monaco, San Marino, Vatican City.
- 2. Medium Risk:** For travelers returning within 14 days from outside of Alaska (including the rest of the United States) you should:
  - Discuss your work situation with your employer before returning to work.
  - Minimize contact with people as much as possible, self-monitor and practice social distancing.
  - This may mean not going to work or school if you cannot safely be distanced from others – especially if you traveled in a location where community transmission is occurring.

## **Health Guidance for Returning Travelers in the Higher and Medium Risk Groups**

1. Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.
2. Do not take mass transportation during the time you are practicing social distancing.
3. Avoid crowded places (such as shopping centers and movie theaters) and limit your activities in public.
4. Keep your distance from others (about 6 feet or 2 meters).
5. If you get sick with fever (>100.3°F), cough, or shortness of breath, please call your health care provider.
6. If you seek medical care for other reasons, such as dialysis, call ahead to your doctor and tell them about your recent travel.

All Alaskans should follow previous guidance including regular hand washing, cleaning surfaces and avoiding large gatherings ([March 13 COVID-19 Health Alert: Recommendations for Keeping Communities Safe](#)).

This is not a mandate. This guidance is based on CDC's guidance, which can be found here:

[www.cdc.gov/coronavirus/2019-ncov/](http://www.cdc.gov/coronavirus/2019-ncov/)  
State of Alaska COVID-19 Health Alert 005