



## ATTENTION MARINERS: COVID-19 NOTICE

**If you are experiencing FEVER, COUGH, OR SHORTNESS OF BREATH, please remain on your vessel and call the harbormaster office at (907) 546-3140 or on VHF channel 16 for informational instructions.**

The Community has adopted the attached Shelter-in-Place Public Health Order in response to this public health emergency. Please protect your family, friends and the Community by complying with the provisions of this Order.

If you are arriving from outside of the St. Paul Community, please follow the risk instructions below:

### HIGHER RISK

If you have traveled from an area with confirmed cases within the past **14 days**:

- If you are not a resident of St. Paul Island, you should: Remain on your vessel

Call (907) 546-3140 for instructions

- If you are a resident of St. Paul Island:

Please go directly home and self-isolate for 14 days. Monitor for symptoms of illness. Following that period, appropriate social distancing should be followed. (State of Alaska Health Alert 9.2).

### MEDIUM RISK

If you have traveled to **ANY** other destination outside of St. Paul Island within the past **14 days**, you should:

- Self-isolate upon return to St. Paul
- Comply with the State of Alaska Shelter-in-Place Mandate 11.0. Engage in only essential activities and business; minimize contact with people as much as possible, self-monitor and practice CDC-recommended social distancing and hygiene.

### ADDITIONAL GUIDANCE FOR RETURNING TRAVELERS:

1. Take your temperature with a thermometer two times a day and monitor for fever. Watch for cough or trouble breathing.
2. If you get sick with a fever, cough, or shortness of breath, please call the Saint Paul Health Center at 907-729-5035 to seek medical advice and guidance.
3. All residents are required to self-isolate for 14 days upon return.
4. Please practice social distancing (at least 6 feet) at all times and comply with CDC-recommended hygiene. Stay at home except for essential activities and business.
5. If you require medically necessary health care for other reasons, contact your health provider to inform them of your recent travel.