



COVID-19 Notice of Travel Restrictions

The Mayor and City Council of the City of Wainwright issued Emergency Declaration #04-20 effective August 21, 2020, authorizing the following travel recommendations and restrictions:

1. **Arriving into Wainwright by Land, Air or Sea (Residents and Non-Residents NOT on Business or Work-Related Travel). Due to the Community Spread in our Hub of Utqiagvik, Alaska:**
 - a. **NON-RESIDENTS: ENCOURAGED NOT TO TRAVEL INTO WAINWRIGHT UNTIL FURTHER NOTICE. This does not apply to Workers or Travelers protected under Mandate 18.**
 - b. **RESIDENTS: STRONGLY ENCOURAGED NOT TO TRAVEL OUT OF WAINWRIGHT UNLESS YOU HAVE CRITICAL PERSONAL NEEDS OR REQUIRE ESSENTIAL SERVICES. If a resident must travel, they shall do the following upon returning to Wainwright:**
 - i. Travelers are strongly encouraged to take the COVID-19 test available at Alaska Airlines or Samuel Simmonds Memorial Hospital in Utqiagvik or in their other point of origin upon arrival into Wainwright.
 - ii. Travelers including everyone in their household, is strongly encouraged to self-quarantine and follow social distancing measures, avoid public places until negative results are received and provided to the City of Wainwright;
 - iii. Travelers **MUST** take another COVID-19 at the Health Clinic as soon as possible after arriving in Wainwright. Traveler and their household need to self-quarantine and follow social distancing measures until negative results are received and provided to the City of Wainwright.
 - iv. Travelers are highly encouraged to take a third test 7-14 days after arrival, in order to capture the virus after possible incubation period of up to 14 days.
 - v. A traveler or resident who is returning to Wainwright, who does not wish to take a COVID-19 test, must minimize all contact while traveling and must self-quarantine for 14 days when they return to their declared destination of Wainwright. **EVERYONE** in the household must self-quarantine for 14 days also.
2. **Critical Infrastructure and Essential Services Employees arriving in Wainwright**
 - a. Critical Infrastructure and Essential Services employees are subject to the Protective Plan filed by their employers with the State and the City of Wainwright. These plans cover the measures taken to ensure that the employee has a negative test for COVID-19 or 14 days self-quarantine before arriving in Wainwright and includes requirements for monitoring health and minimizing contact with the community;
 - b. Copies of employers' Community Protection Plans are retained at the City Office.
3. **Wainwright Local Employers may have additional restrictions** for their employees' travel, testing, workplace and community COVID-19 precautions.

4. Individuals traveling for Critical Infrastructure/Essential Services and Critical Personal Needs may not be subject to any automatic quarantine or isolation on arrival, except as allowed under Alaska Statutes or Health Mandates.
 - a. “Critical Personal Needs” include “buying, selling, or delivering groceries and home goods; obtaining fuel for vehicles or residential needs; transporting family members for out-of-home care, essential health needs, or for purposes of child custody exchanges; receiving essential health care; providing essential health care to a family member; obtaining other important goods; and engaging in subsistence activities.”
 - b. “Critical Infrastructure Travel” is defined as businesses included in “Alaska’s Essential Services and Critical Infrastructure” (formerly Attachment A) available on the State of Alaska COVID-19 website.
 - c. Essential Services personnel include Emergency First Responders, Law Enforcement or Office of Children’s Services personnel
5. In order to protect our community from the spread of COVID-19, the City highly recommends that all individuals voluntarily follow the testing and self-quarantine measures in this Order 04-20.

If you have questions or concerns, please contact the City:

By phone at 907-763-2815 or (cell) 907-925-2007 or Mayor Nashookpuk at 907-319-8581
By email at officemanager@cityofwainwright.com or cityclerk@cityofwainwright.com or mayor@cityofwainwright.com

City Offices are currently closed to the public, but you may call to schedule an appointment. Additional information is also available on the City of Wainwright Facebook page.

Social Distancing

Social distancing is the practice of voluntarily and deliberately reducing or eliminating close contact with other people in order to stop or slow the spread of a contagious illness—such as COVID-19. Social distancing can include:

- Staying at least six feet away from other people
- Not leaving home unless necessary
- Working from home (including school work)
- Cancelling large gatherings—such as concerts, church meetings and sporting events
- Adhering to the new guidelines regarding entering businesses, going to meetings or religious services, and generally being around people other than those in your household.

Self Quarantine includes the following:

1. Remain in your home. Do not visit any public spaces, including grocery stores, post office school, church, child care, etc.
2. Work: Contact your employer to let them know your status. If you are working in an essential service they will provide their rules for avoiding COVID-19 transmission.
3. Do not have visitors in your home.
4. You may leave your designated quarantine location only for medical emergencies or to seek medical care. BEFORE going to the Clinic, call them at 763-2714 or 763-2814.

5. Follow State of Alaska and CDC Social Distancing guidelines to avoid spread of the virus within the home and the community:
 - a. Social Distancing - to the extent possible, maintain 3-6 feet of separation other people in your home
 - b. Wash your hands often with soap and water for at least 20 seconds, especially after sneezing, coughing, blowing your nose. (20 seconds is the Happy Birthday song twice)
 - c. Do not touch your face, nose, mouth, eyes. If you must touch your face use a clean tissue.
 - d. Cough or sneeze into your sleeve or into a tissue (dispose of right away)
 - e. Clean and disinfect your home, especially frequently touched surfaces such as tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, cell phones
 - f. Avoid sharing towels, utensils, etc.

Monitor for Illness:

1. Check for fever (100.4 °F or greater) in the morning and evening.
2. Remain alert for COVID-19 Symptoms: Shortness of breath, cough, fever over 100.3 degrees, chills, new loss of taste or smell, muscle pain, sore throat nausea, vomiting or diarrhea
3. If you develop symptoms, call the Clinic right away for an appointment.
Please call the Clinic staff at 763-2714 or 763-2814 **BEFORE** going to the clinic for assistance.

HELPFUL LINKS:

HOW TO PROTECT YOURSELF AND OTHERS:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

QUARANTINE/ISOLATION INFORMATION: <https://www.cdc.gov/quarantine/quarantineisolation.html>

SOCIAL DISTANCING:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-gettingsick/social-distancing.html>

TESTING SITE LOCATOR:

<https://coronavirus-response-alaska-dhss.hub.arcgis.com/app/2d92b77bc8044329a1ee3954b063bd8c>

COVID 19 TRAVELER INFORMATION: <https://covid19.alaska.gov/travelers/>

Travelers should take appropriate protective measures while traveling, such as wearing cloth face coverings, practicing social distancing, and washing hands frequently