

CITY OF NEWHALEN
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Address: P.O. Box 207
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NEWHALEN COMMUNITY MITIGATION PLAN

The Newhalen City Council and Newhalen Tribal Council has issued the following COVID-19 mandatory procedures:

TRAVEL REQUIREMENTS:

- a) **ALL NON-ESSENTIAL TRAVEL TO OR FROM OUTSIDE THE COMMUNITY OF NEWHALEN/ILIAMNA WILL CONTINUE TO BE RESTRICTED UNTIL FURTHER NOTICE. IF YOU MUST TRAVEL, YOU ARE REQUIRED TO FILL OUT THE PROPER PAPERWORK PRIOR TO RETURNING TO NEWHALEN. PAPERWORK CAN BE OBTAINED BY EMAILING OR CALLING THE CITY OF NEWHALEN.**
- b) **ESSENTIAL TRAVEL MAY TAKE PLACE AS PRESCRIBED BY THE STATE OF ALASKA.**

QUARANTINE AND ENTRY/REENTRY PLAN FOR ALL TRAVELERS

- a. Residents and nonresidents travel are permitted into Newhalen. Upon entering, or reentering, into our community or essential or nonessential travel from any non-Lake Iliamna Region Village, you must quarantine and obtain a COVID-19 test within 72 hours of returning, or at the earliest possible time available as per the Nilavena Clinic instructions. A second test is required 7-10 days after the first. Upon two negative tests, you are cleared from quarantine.
- b. Lake Iliamna Region Villages refers to villages/cities of Newhalen, Iliamna, Nondalton, Kokhanok, Pedro Bay, Pope Vannoy, and Igiugig only.
- c. If you decline to take the COVID-19 tests, you are required to quarantine for no less than 14 days.
- d. As long as you remain symptom free during your quarantine, you may end your quarantine and follow the healthy community suggested guidelines.
 - i. If you are unable to avoid contact with other household members, they must quarantine with you as well.
- e. Quarantine means to separate and restrict the movement of people who were exposed or may have been exposed to a contagious disease to see if they become sick. You are permitted to subsistence hunt fish, gather, travel, and other essential activities while in quarantine as long as you do not come into close contact with anyone outside of your household.

CRITICAL INFRASTRUCTURE AND ESSENTIAL WORKERS

- a) Critical infrastructure and essential workers are permitted to enter Newhalen but **MUST** adhere to the State of Alaska guidelines prior to entry. The sponsor entity must notify the City of Newhalen in writing prior to the workers arrival with as much notification as possible.
- b) Businesses with workers who travel from out of state or who travel between communities within the state of Alaska must submit a plan or protocol outlining procedures for avoiding the spread of COVID-19. This plan must be submitted to akcovidplans@ak-prepared.com and cityofnewhalen@gmail.com for review. If workers should feel ill before arriving to Newhalen, they should not travel to Newhalen.
- c) If workers should feel ill while in Newhalen, they, or the sponsoring agency, must contact Nilavena Clinic for a screening and further instructions

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For purposes of this Plan, Essential Services and Critical Infrastructure industries and entities in Alaska include:
"Healthcare Operations and Public Health," which includes:

1. Hospitals, clinics, home healthcare services and providers, mental health providers, dental emergency services, and other healthcare facilities.
2. Pharmacies, companies and institutions involved in the research and development, manufacture, distribution, warehousing, and supplying of pharmaceuticals, biotechnology therapies, consumer health products, medical devices, diagnostics, equipment, services, or any related and/or ancillary healthcare services.
3. Veterinary care and healthcare services provided to animals.
4. Businesses performing mortuary, funeral, cremation, burial, cemetery, and related services, including funeral homes, crematoriums, cemetery workers, and coffin makers. These businesses are required to maintain compliance with Health Mandates relating to social distancing.
5. "Healthcare Operations" does not include fitness and exercise gyms or similar facilities.

"Critical Infrastructure," which includes:

1. Public Works, including businesses providing any services or performing any work necessary to the operations and maintenance of public works, such as the Port of Alaska, public works construction, airport operations, water, sewer, gas, electrical, oil production, mining, logging, roads and highways, public transportation, and solid waste collection and removal.
2. Transportation/Logistics, including airlines, railroads, taxis, private transportation providers, and public and private mail and shipping services.
3. Technology/Communications, including businesses providing any services or performing any work necessary to the operations and maintenance of internet and telecommunications systems (including the provision of essential global, national, and local infrastructure for computing services, business infrastructure, communications, and web-based services).
4. Essential Construction, commercial construction, renovation or repair, including construction of housing.
5. Critical Manufacturing, including manufacture of products needed for medical supply chains and supply chains associated with transportation, energy, communications, information technology, food and agriculture, chemical manufacturing, wood products, commodities used as fuel for power generation facilities, operation of dams, water and wastewater treatment, processing of solid waste, emergency services, and defense. Manufacturing of materials and products needed for medical equipment and personal protective equipment. Businesses necessary for mining and production of minerals, oil, and associated essential supply chains.
6. Food and Agriculture, including grocery stores, supermarkets, food banks, convenience stores, animal/pet food and supply stores, and other establishments engaged in the retail sale of food, beverages, and other household consumer products (such as cleaning and personal care products). This includes stores that sell groceries but also sell other non-grocery products. Food and agriculture, cultivation, including farming, livestock, fishing and processing. This includes manufacturers and suppliers of food and items necessary to support of the Food and Agriculture industry. This includes farmers markets where vendors sell directly to consumers only agricultural products, food items, soaps, and sanitizers.

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7. Home Emergency and Safety, including establishments that sell products necessary to maintaining the safety, sanitation, and essential operation of residences or provide home emergency/safety equipment and gear including products for personal protection.
8. Fishing, including persons engaged in subsistence fishing and in the fishing industry including the fisherman, processors, guides, and transporters of the fish as well as those under contract with the fisherman, processors, guides, and transporters for provisioning.

"Financial services sector," which includes workers who are needed to: process and maintain systems for processing financial transactions and services, such as payment, clearing and settlement services, wholesale funding, insurance services, and capital markets activities; provide consumer access to banking and lending services, including ATMs, movement of currency (e.g., armored cash carriers); support financial operations, such as those staffing data and security operations centers, appraisals and titling, and key, third-party providers who deliver core services.

"Public Safety," which includes:

1. "First Responders," including emergency management, emergency dispatch, and law enforcement.
2. "Corrections," including Department of Corrections, jails and detention facilities, and probation offices.
3. "Government Agencies," including Court systems, Office of Children's Services personnel acting in an official capacity, Public agencies responding to abuse and neglect of children, elders, and vulnerable adults, and Department of Defense Personnel returning from temporary duty or engaging in mission essential travel. This includes functions related to returning inmates begin released to the place of arrest (it is a "critical personal need" for the inmate to travel).

"Essential Governmental Functions," which includes all services needed to ensure the continuing operation of government agencies including providing for the health, safety, and welfare of the public.

"Essential Business," which includes:

1. Businesses that provide food, shelter, social services, and other necessities of life for economically disadvantaged or otherwise needy individuals;
2. Newspapers, television, radio, and other media services;
3. Gas stations and auto-supply, auto-repair, bicycle-repair, and related facilities;
4. Hardware stores;
5. Plumbers, electricians, exterminators, mechanics, and other service providers who provide services that are necessary to maintaining the safety, sanitation, and essential operation of residences, transportation, and critical infrastructure;
6. Businesses providing mailing and shipping services, including post office boxes;
7. Educational institutions facilitating distance learning;
8. Laundromats, dry cleaners, and laundry service providers;
9. Restaurants and other facilities that prepare and serve food, subject to other applicable Health Mandates and Attachments.
10. Businesses that supply products needed for people to work from home;
11. Businesses that supply other essential businesses with the support or supplies necessary to operate;

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12. Businesses that transport goods to grocery stores, supermarkets, convenience stores, engaged in the retail sale of food, household consumer products, delivery of fuel, or other services directly to residences or other critical industries outlined in this health mandate;
13. Home-based care for seniors, adults, or children;
14. Residential facilities and shelters for seniors, adults, and children;
15. Professional services, such as legal or accounting services, when necessary to assist in compliance with legally-mandated activities;
16. Childcare facilities, subject to new recommendations for increased hygiene and social distancing. Only those who need childcare to work at a critical job should use childcare facilities.

SOCIAL DISTANCING REQUIREMENTS FOR NON-RESIDENT ESSENTIAL WORKERS

Upon granted entry to Newhalen, all non-resident workers, contractors, business partners are required to:

1. Practice good hygiene which includes frequent hand washing or use of a sanitizer that has greater than 60% ethanol or 70% isopropanol as active ingredients.
2. 6-foot distancing between all encounters with other workers and community members.
3. Avoid all public areas if possible until you have received two negative COVID-19 tests or quarantined for 14 days. If it is unavoidable to be in public areas, they must wear a face covering masks in all public community areas
4. When not performing your essential worker duties, it is encouraged that you quarantine and follow the above outlined plan.

NEWHALEN SCHOOL OPERATION

1. The Newhalen City Council and Newhalen Tribal Council recognize that Newhalen School is an essential part of the communities of Newhalen and Iliamna. We recognize that research shows that students are falling deeper into depression without student engagement activities and that schools/classrooms/students function better and learn more when attendance rates are higher.
2. The Newhalen City Council and Newhalen Tribal Council recognize that Newhalen School Staff and Newhalen Students shall be considered important to our community health. We therefore give permission to the Newhalen School students and staff to immediately be able to return to their duties of in class work/instruction upon meeting State travel mandates and will adhere to stipulations below.

i) Newhalen School Students and Staff return to school/work stipulations:

- a. Students/Staff must be enrolled/employed at Newhalen School prior to travel.
- b. Adhere to mandates when not at their school duties which includes quarantine for 14 days or provide proof of 2 negative tests to Newhalen School
- c. Must wear mask at all times in classrooms, common areas, etc.
- d. Social distance 6 feet or more at all times while at school
- e. Be screened twice a day by answering the health question survey and taking their temperatures
- f. If any of these provisions are not followed, attendance will not be permitted at school and other educational arrangements will be made.

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- g. If anyone in their household has a direct contact with a person who has tested positive must immediately quarantine and not return until they are given clearance by Nilavena Clinic. A return to school form will be required by staff/students to return to school.
- h. All new Students and Staff to Newhalen School must follow the above entry/reentry plan. Upon completion, they may enroll into school/start their employment.

This plan is effective October 2, 2020.

CITY OF NEWHALEN

Dawn M Wassillie

SIGNED NAME

Dawn M Wassillie / Mayor

PRINTED NAME/TITLE

NEWHALEN TRIBAL COUNCIL

Henry Olympic

SIGNED NAME

Henry Olympic President

PRINTED NAME/TITLE

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HEALTHY COMMUNITY SUGGESTED GUIDELINES

For Children:

- a) Keep activities as consistent and normal as possible even if your normal routine changes
- b) Educate them on social distancing (6 feet separation) and proper mask wearing.
- c) If your children are watching television (news), try to watch with them or make sure you are available to answer questions about what they have heard.
- d) We encourage no visiting friends or relatives or keeping your "bubbles" small.
- e) Encourage healthy behaviors: eating well, sleeping well, and playing outside.

For Elders:

- a) We encourage Elders to stay home as much as possible.
- b) Have a family member check on Elders daily.
- c) Make sure Elders have a good supply of food, water, medication, cleaning supplies.
- d) There should be no visiting or socializing or keep your bubbles small.

There are things people can do to stay healthy and avoid spreading disease, such as:

- a) Washing your hands for 20 seconds or more with warm water and soap.
- b) Avoid public areas or use a face covering when in public areas.
- c) Make arrangements to pick up your store orders outside of the store. Delivery to your vehicle is available from all local stores, air carriers, and post office.
- d) Covering your mouth when you cough.
- e) Do not share food, drinks, utensils, cups, etc.
- f) Staying home when you don't feel well. Contact the clinic if you have any COVID-19 symptoms or are not feeling well.
- g) Watch for symptoms. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:
 - (1) Fever or chills
 - (2) Cough
 - (3) Shortness of breath or difficulty breathing
 - (4) Fatigue
 - (5) Muscle or body aches
 - (6) Headache
 - (7) New loss of taste or smell
 - (8) Sore throat
 - (9) Congestion or runny nose
 - (10) Nausea or vomiting
 - (11) Diarrhea

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I TESTED POSITIVE, NOW WHAT?

- 1) With cases rising DHSS is asking that if you test positive you call your close contacts as soon as you are able to do so. The quicker someone knows to isolate or quarantine, the better chances we have as a community to keep the spread of this virus in check.
- 2) A close contact is any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days before the positive test was collected) until the time the patient is isolated.
- 3) People can also help by keeping their social circles small and keeping track of all contacts. If you are a parent of a teen or a young adult, make sure you talk to them about limiting their contacts, masking up in public and staying six feet apart.
- 4) We need everyone's help with this. Stay apart to stay open!
- 5) In order to keep a lid on COVID, we must:
 - c) Test widely;
 - d) Isolate all infected people;
 - e) Find everyone who has been in contact with infected people;
 - f) Have all contacts self-quarantine for 14 days.

We know this is a very trying and stressful situation and we are committed to assist and help the community understand the importance of following the guidelines and procedures. For questions, concerns or suggestion please contact the City of Newhalen. (907-571-1226) or Newhalen Tribal Council at (907-571-1410)