



**S3
MANAGEMENT
GROUP**

Mental Wellness Program

Experiences connect us.

Better Mental Well-Being Benefits Everyone

Our peersupport platform is the trusted resource your workforce needs and brings the empathetic human connection they want.

Mental well-being is on the minds of employers for good reason.

78% are distracted

The majority of employees are often or always think about their mental well-being.

45% lack support

Nearly half don't feel their employers are doing enough to support their well-being.

4x missed work days

Employees who struggle with mental well-being miss more days of work.

\$4K+ more expensive

Lonely workers cost more each year than connected employees.

Employees are looking for a more personal path to get help.

84%

Employees prefer to start with a Peer connection.

93%

Employees said they would connect with a Peer.

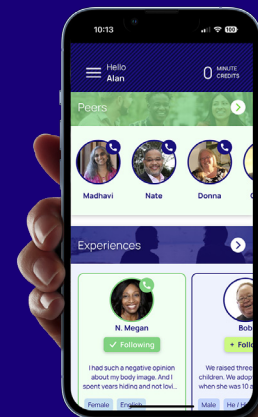
Support — We all need it!

Life happens. Everyone experiences financial, relationship, work, and health concerns. Worries large and small impact employees, organizations, DE&I strategies, and productivity.

Our mental wellness risk management program is the first step in helping people feel better through human-to-human connections that offer immediate support and a path to improved mental well-being.

Our Peer Listeners come from a range of backgrounds, cultures, and experiences — and all of them share one thing in common — genuine empathy.

A new preclinical approach for **100%** of your employees



Peer Support — Proven Impact

97%

feel better

Users report feeling better after connecting with a Peer Listener.

9.5

fewer missed days

When workers are in a better frame of mind they miss less work.

74%

report less stress

Users show an improvement in the amount of stress they have.

89%

lower clinical care

Employees report preference for peer support ahead of clinical care.

63%

feel less isolated

Users show an improvement in how isolated they feel.

Average Caller Mood Impact

-33%



+72%

Before
their call

After
their call

\$2.5K

annual savings

Happier employees require less medical expenses on average.

Diversity and inclusion.

Celebrating and supporting employee diversity is essential in all areas of their life. S3 understands the uniqueness of lifestyles and life experiences that create the rich fabric of our organizations. We are here to step in and help you provide equal opportunities to connect for everyone.



Let's talk!

Learn more about S3 Management Group and the employee risk management tools we provide to protect employers and their people.

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